

AGITATION INCIDENT TRACKING FORM

Date and time of incident	Location	Situation What was going on when agitation occurred? (e.g., being assisted with bathing, toileting, or being redirected from leaving)	Verbal agitation If patient was verbally agitated, what was (s)he saying?	Physical agitation If patient was physically agitated, what was (s)he doing? (e.g., pushing, punching, kicking, throwing things)	Extra medications used If meds were used to manage behavior, specify medication name, dose, and effects.	Duration of episode How long did agitation last?